

Available Daily: Salad Bar, Fresh Fruit and 2% Milk

Vegetarian Alternative Available Daily: Vegan Eggs Available on Bkfst for Lunch Days WG = whole grain

Monday	Tuesday	Wednesday	Thursday	Friday
3 Snack: Chocolate chip muffin, fruit cocktail Pigs in a Blanket All Beef hot dog in a crescent roll, baked beans, carrot sticks, and watermelon Snack: Apple slices and pretzel goldfish	4 Snack: Vanilla yogurt and granola Taco Tuesday Shredded chicken and cheddar jack cheese WG burritos, refried beans, street corn, apple slices Snack: Animal Crackers and Carrots	5 Snack: Apple cinnamon muffin and unsweetened applesauce Scrambled Eggs & Waffles Scrambled eggs, mini WG waffles with syrup and breakfast potato casserole Snack: Ritz Crackers and cheddar cheese	6 Snack: Mango and WG goldfish crackers Chicken Croissant Topped with lettuce, tomato, American cheese and mayo, WG pretzels and pears Snack: Trail mix and apple juice	7 Snack: Cinnamon Buns and oranges Cheese Pizza Pepperoni and mozzarella cheese WG pizza, salad bar, and veggies served with grapes Snack: WG cheeze-its and pears
 Snack: Mozzarella string cheese and apple juice Spaghetti with Meatballs Served with garlic bread and roasted cauliflower Snack: Cheddar jack quesadilla and oranges 	11 Snack: Strawberry Banana Yogurt and Pineapple Taco Tuesday Ground beef tacos, tomatoes, lettuce, cheddar jack cheese, sour cream, salsa and orange Snack: Mango, WG goldfish crackers	Snack: Mandarin oranges, banana ¹² bread Egg & Ham Quiche Egg, ham and cheddar cheese quiche served with hash brown potatoes and fresh fruit salad Snack: WG Crackers and unsweetened applesauce	Snack: Blueberry muffins, raisin13fruit splashButter Chickenwith white rice, broccoli, garlic bread, and grapesSnack: Vanilla Wafers and Bananas	14 Snack: Peaches and WG crackers Soup & Salad Chicken noodle soup and salad served with a WG breadstick and an orange Snack: Chex Mix and Ch. Chip Cookie
17 Snack: WG cheeze-its and pears Cheese Tortellini Tossed in Alfredo sauce with WG garlic bread, mixed vegetables and apple slices Snack: Cheddar jack quesadilla	18 Snack: Trail mix and apple juice Taco Tuesday Chicken and cheddar jack cheese WG quesadilla served with street corn and fruit salad Snack: Nacho Chips and Salsa	19 Snack : Maple waffle bites and peaches Egg & Sausage Fried egg served with breakfast sausage, hash brown potatoes, carrot sticks and canteloupe Snack: Chips and unsweetened applesauce	20 Snack: Mozzarella string cheese and apple slices Corn Dog All beef hot dog on a skewer served with sweet potato fries, carrots sticks and grapes Snack: Trail Mix and Apple Juice	21 Snack: Tropical raisins and pears Pizza Pepperoni and mozzarella cheese WG pizza, salad bar, and veggies served with grapes Snack: Animal Crackers and Carrots
24 Snack: Pretzels and fruit cocktail Meaty Mac n Cheese Baked WG mac and cheese with ground beef, served with steamed broccoli and apple Snack: Vanilla yogurt with granola	25 Snack: Cin. Graham crackers and mixed berries Taco Tuesday Ground beef and cheddar jack cheese in a WG tortilla, Spanish rice, cherry tomatoes and pears Snack: Vanilla Wafers and banana	26 Snack: Fruit Punch and papayas Ham & Egg Croissant Ham, egg and American cheese WG croissant, hash browns, carrot sticks and grapes Snack: Mandarin oranges and Ritz Crackers	27 Snack: Mango and WG goldfish crackers Teriyaki Chicken Chicken breast cubes, teriyaki sauce, broccoli, pineapple, WG stir fry rice and peaches Snack: Swiss, cheddar and jack cheese and grapes	28 Snack: Blueberry muffins and banana Garlic Bread Cheese Pizza Sandwich Served with WG pasta salad, broccoli, and apple slices Snack: Goldfish and Carrots

Daily Entree Alternative: Turkey & Cheddar Sandwich or Sunbutter & Jelly Sandwich, Available upon Request